



# CURRENT CONNECTION

*Your September Health and Safety Newsletter*



**CREATING A SAFE AND HEALTHY FUTURE OF WORK**

## Our Philosophy



*Our employees are our number one resource, and no business operation is more important than their health and safety. By promoting health and safety as a value, we will safeguard the lives of our employees ensuring each person returns home safely while providing superior customer protection and service.*

# Message from OHS Manager

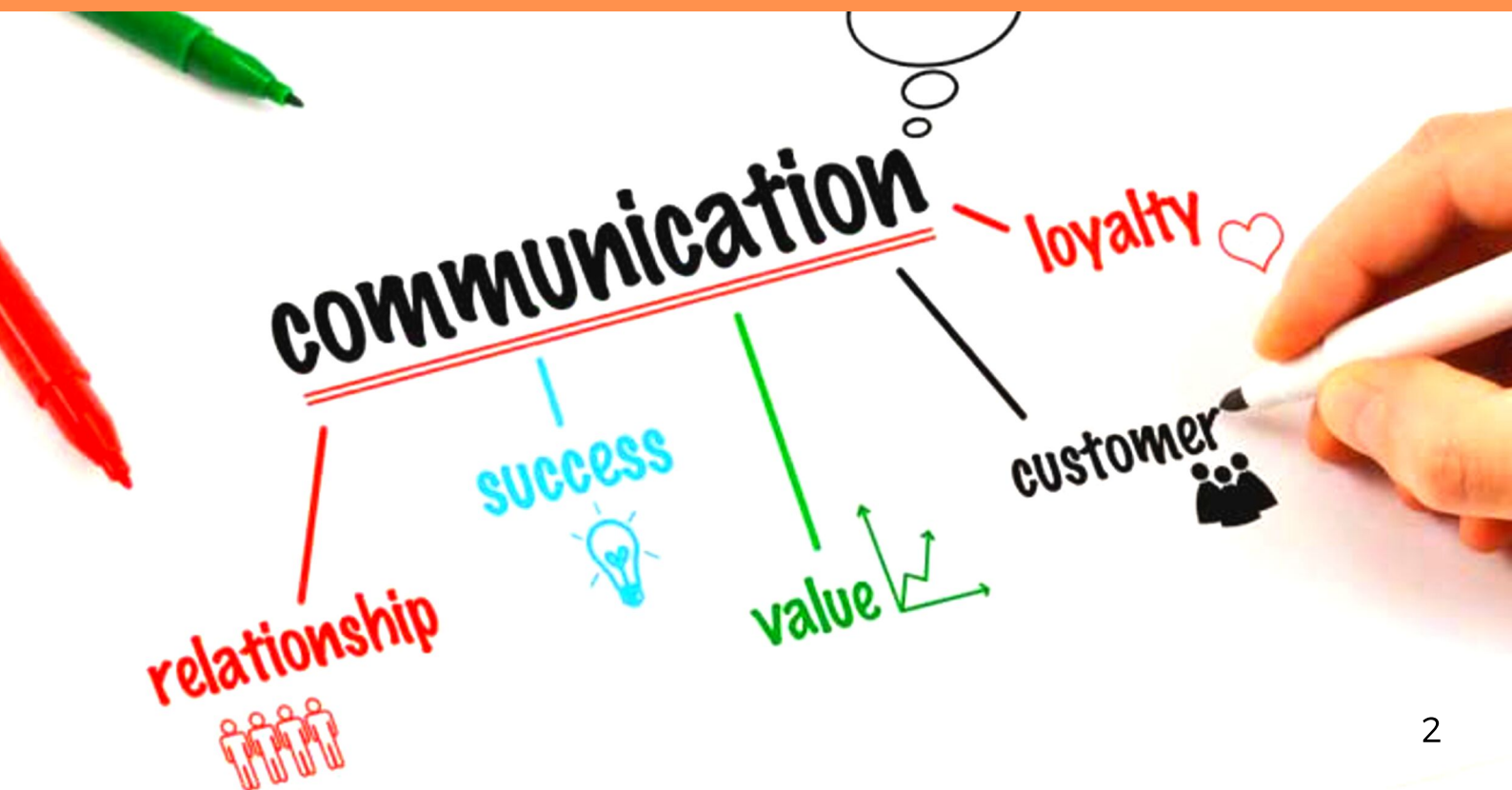


We have entered the final quarter of the year strong, strengthened and most importantly safe! Many of you are breathing a sigh of relief while others have switched into high gear to ensure a stellar finish. No matter where you are on the work curve, the Health and Safety Department will ensure we finish this year together, accident free!

As we press on to attain the goals for occupational safety and health, we will strive to do so in unison. I wish

to thank all of you for your assistance and involvement as we create a positive culture of health and safety.

The Current Connection will be a monthly publication to inform all staff of update and interactive health and safety tips. There will be chances to win prizes while promoting the application of good safety and health habits. Let's stay connected!!



# September 2019 OHS Highlights



## 28 TRAINED IN FIRST AID AND AED PROCEDURES

*As employees, parents, sons and daughters, we must all have an understanding of how to assist those around us in times of emergencies. Sometimes the difference between life and death, is the assistance you can offer until emergency personnel arrive.*

***This training will occur twice a month until most staff are trained.***

## SUPERB EMERGENCY EVACUATION DRILL

*An emergency drill was executed in Virgin Gorda to test the staff's ability to exit the building safely while still ensuring the safety of customers.*

*The Virgin Gorda team surpassed the evacuation time as they ran swiftly to the old building site in under 2 minutes.*

***All facilities will undergo emergency drills twice per year.***



## WATER TANK FIXED AND CLEANED

*The staff and contractors selected to execute works on the water tank all underwent special project safety and health training to ensure that the job was executed safely.*

*The two pictured staff of the Generation department worked assiduously to clean the base of the tank at Pockwood Pond.*





## READY TO FIGHT FIRES

*Fire extinguishers and smoke detectors have been installed at 12 points around the administrative compound at Long Bush.*

*This is apart of the ongoing project to increase fire protection and loss control at all properties.*

## CLEANED AND READY TO GO

*The partitions and floors of the first floor office at the Inventory Management Unit (Stores) have been changed to eradicate the effects of the water damage caused by Irma and Maria.*

*This project will continue into the following month to treat the air in the entire building.*



## EMERGENCY MANAGEMENT PLAN



## READY, SET, PREPARED

*To facilitate safe and efficient preparation and mitigation of disasters, an Emergency Management Plan has been drafted for BVIEC.*

*This Plan will equip us to better plan for and managed natural, technological, health and human disasters.*

# YOUR MONTHLY QUICK TIPS



When lifting, always **use your legs and not your back**. Using the back to lift can cause long term injuries and ill-health.



Bleach and regular household cleaners will not kill mould. **It will discolour, but will not kill**. Mould can only be eradicated with fungicide.

There are **four** essential steps to take if you discover a fire:



In case of fire, always remember these steps. Help to **RESCUE** those around you by assisting with evacuation. Raise the **ALARM** on your way out. Always close doors and cubicles as you leave to **CONTAIN** the fire. If you are trained, try to **EXTINGUISH** the fire.

IF YOU  SEE  
SOMETHING  
 SAY SOMETHING

Report Safety and Health Issues to the OHS  
Manager Today!!

# enter to win

1. Circle all the hazards.
2. Email, WhatsApp or bring the completed sheet to the OSH Manager.
3. First person to have them all correct wins a gift certificate.

